

2014 will be the best year yet

GOAL PLANNING FOR THE NEW YEAR

Personal Growth

What am I proud of accomplishing in 2013 on a personal level?

What do I want to accomplish in 2014 and what is my plan for achieving it? How will I monitor my progress and maintain accountability?

Relationships

In 2013, who did I connect with? Did I focus enough time on developing my relationships with family and friends?

In what specific ways would I like to grow my relationships in 2014? Are there relationships I should spend more or less time on this year? Are there people who I admire that I'd like to get to know? Do any of my friends need some encouragement?

Health & Wellbeing

How did I improve my physical and mental health in 2013? Are there things I need to work harder at?

In what ways would I like to be healthier by December 2014? What are some tangible, daily choices I can add to my routine that will help me reach those goals?

Financial Goals

How do I feel about my current financial situation? Did I grow my savings this year? How much debt do I have?

What is one financial goal I want to achieve in 2014? What are some daily changes I need to implement to make them happen? What is a long-term goal I have? In what ways can I make progress on it this year?

Career Development

How did I grow in my career this year? What is one milestone I achieved? Did I learn any new skills?

What are my career goals in 2014, and what changes could I make to reach them? What will I do to grow my professional network this year?